Commentary in Response: Commentary on “Avoiding the Hazards of Ultraviolet Light in the Adolescent Population”

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We appreciate the opportunity to respond to the commentary by Weisert and Hinds on our recent publication “Avoiding the Hazards of Ultraviolet Light in the Adolescent Population.”¹ Weisert and Hinds addressed the emerging evidence on effects of visible light on premature aging and proposed a need for utilizing a topical antioxidant serum in addition to daily sunscreen. We appreciate their interest in our work; however, our article discussed the “standard of care” in 2020 and there is risk in recommending approaches that are not yet proven and in diluting our simple message: Wear a hat, use sunscreen, and sit under cover especially during mid-day.

Conflict of Interest Disclosures:
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