# Aesthetic Efficacy of a Novel Topical Combination Brightening Regimen to Treat Facial Hyperpigmentation

Lisa T. Goberdhan, MSHS<sup>1</sup>, Katie Schneider, BS<sup>1</sup>, Arielle Bautista, BS<sup>1</sup>, Elizabeth T. Makino, BS CCRA MBA<sup>1</sup>, Rahul C. Mehta, PhD<sup>1</sup>

<sup>1</sup>Allergan Aesthetics, an AbbVie Company, Irvine, CA, USA

# OBJECTIVE

To assess the cosmetic changes of a combination regimen of a novel brightening serum, spot treatment and brightening pads in subjects with mild to severe facial hyperpigmentation.

## CONCLUSIONS

Visible improvements in the appearance of hyperpigmentation, photodamage, tactile roughness, lines/wrinkles, radiance, and skin tone evenness with consistent use of the EC Regimen

EC Regimen provided significant improvements in a variety of visible hyperpigmentation concerns as early as Week 1 with continued significant improvements through week 12 versus baseline

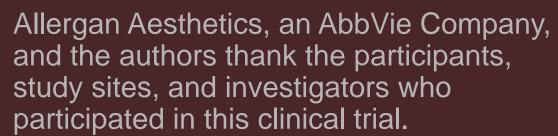
EC Regimen was a well-tolerated, effective combination for improving multiple hyperpigmentation and photoaging parameters with high patient satisfaction.

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## INTRODUCTION

- Hyperpigmentation is a multifaceted condition that is often challenging to treat.
- Due to this complexity, a combination therapy providing a holistic approach of removal and prevention of pigmentation has shown greater efficacy than a monotherapy treatment.
- A clinical usage study was conducted to assess the cosmetic changes of a combination take-home skincare topical regimen of a novel brightening platform (EC regimen: pads, serum, and spot cream) in subjects with mild to severe facial hyperpigmentation.

## METHODS

Study Design: 12 week, Open-label, Single-Center Study

Primary Efficacy Analysis Week 12 Week 2 Week 4 Week 1 Week 8 EC Brightening Pads and EC Serum twice-daily; EC Spot Cream once-daily in PM

#### **Participants**

- n=19; males and females aged 31-69, self-identified ethnicities: Asian, White, American Indian, and Hispanic
- Fitz I-IV with mild to severe overall facial hyperpigmentation (score of 3-9 on a modified Griffiths 10-point scale) on the face

#### **Study Assessments**

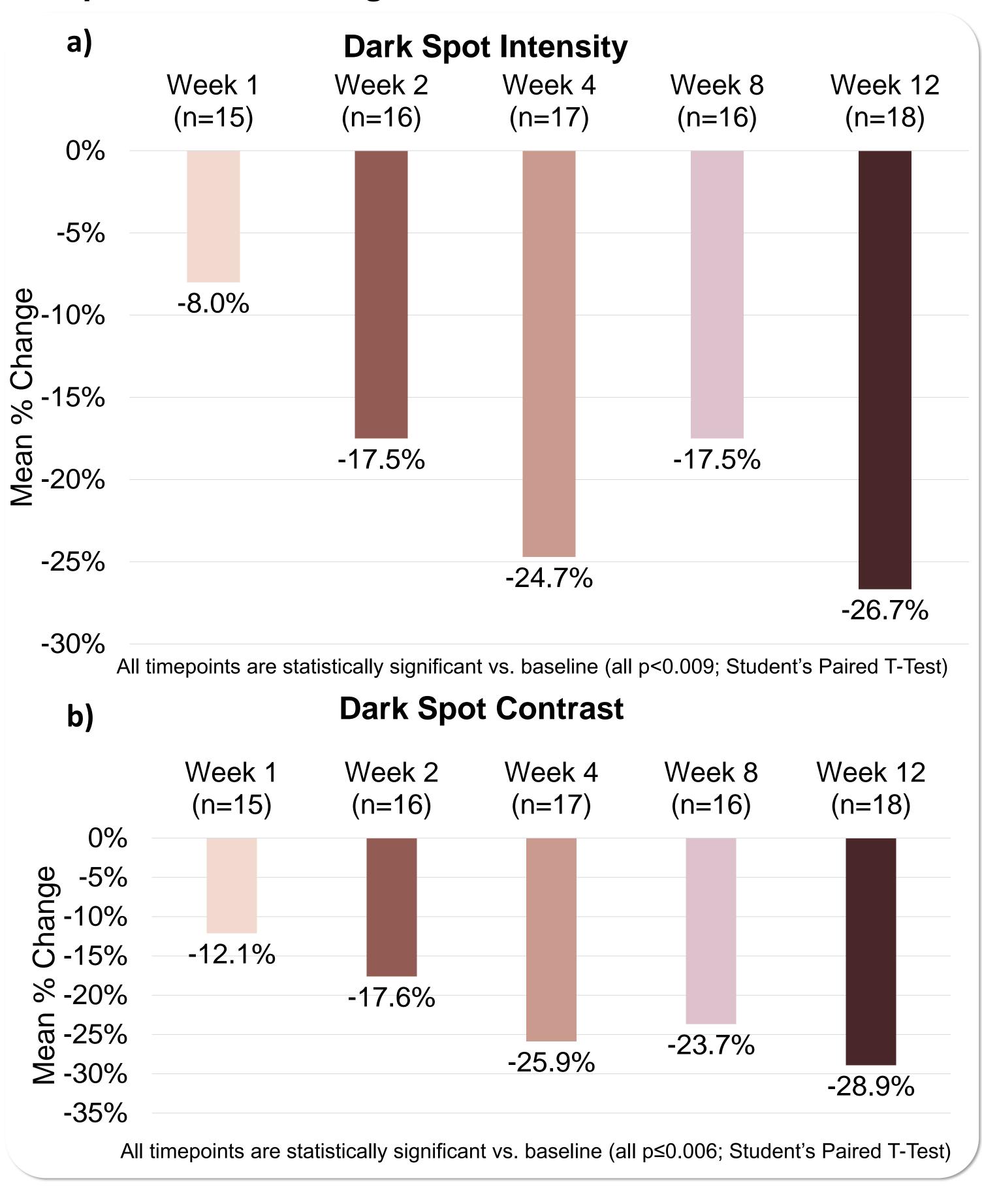
- Dark Spot Intensity and Dark Spot Contrast grades
- Modified Melasma Area and Severity Index (mMASI) scores
- Observations of Overall Hyperpigmentation, Overall Photodamage, Tactile Roughness, Skin Tone Evenness, Fine and Coarse Lines/Wrinkles, and Radiance
- Participant self-assessment questionnaires

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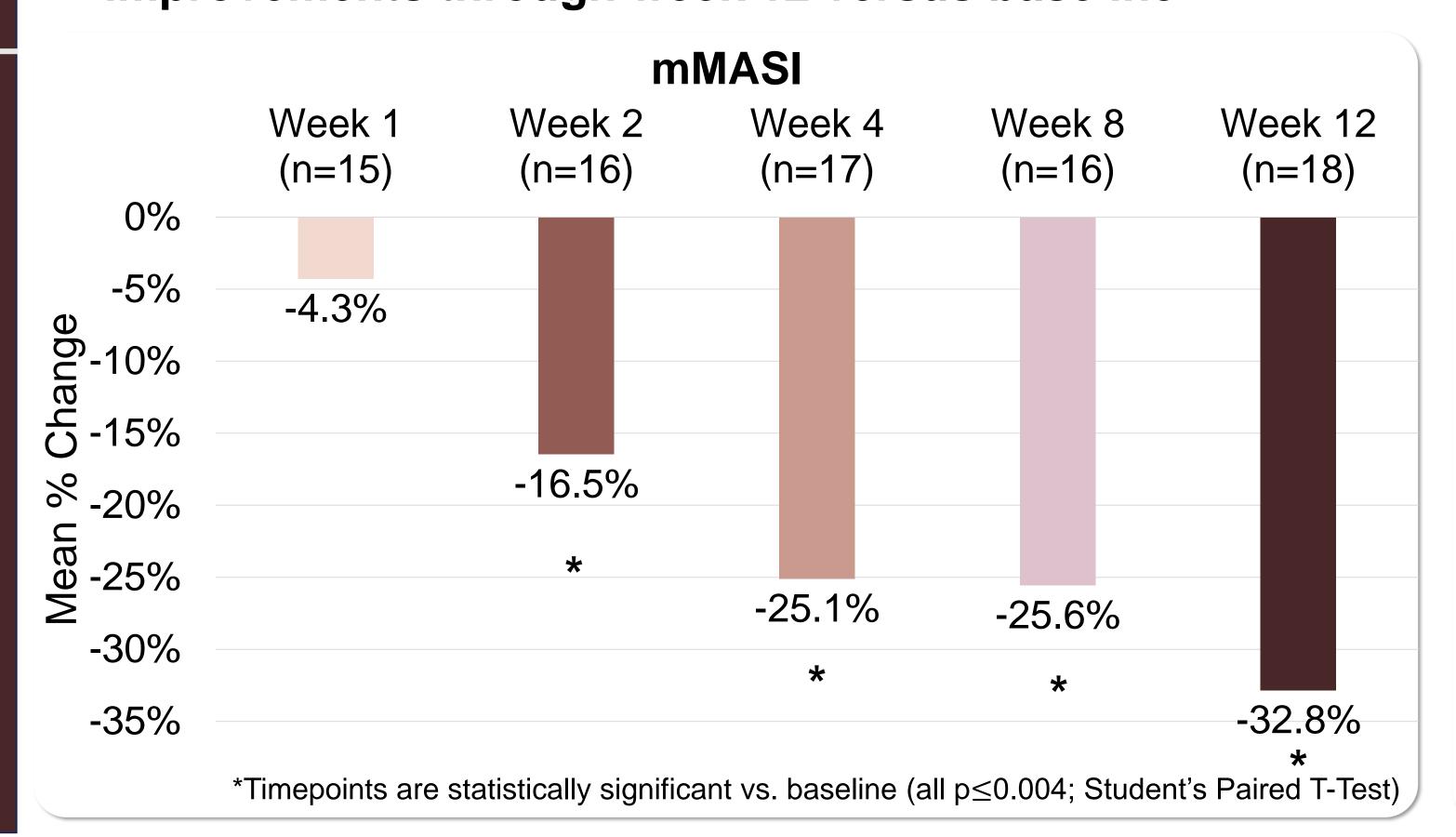
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## RESULTS

EC Regimen significantly improved dark spot (a) intensity and (b) contrast as early as Week 1 with continued improvements through Week 12 relative to baseline



Modified MASI scores following consistent use of the EC Regimen were improved as early as week 2 with continued improvements through week 12 versus baseline



Visible improvements in hyperpigmentation of a 38-yearold, white female with Fitzpatrick Skin Type II at Baseline, Week 8, and Week 12 (VISIA-CR images)

**BASELINE WEEK 12** WEEK 8 **STANDARD 2** STANDARD 2 **STANDARD 2** 

Visible improvements in hyperpigmentation, photodamage, line/wrinkles, texture, and radiance of a 69-year-old, Asian female with Fitzpatrick Skin Type III at Baseline, Week 1, and Week 12 (VISIA-CR parallel-polarized images)

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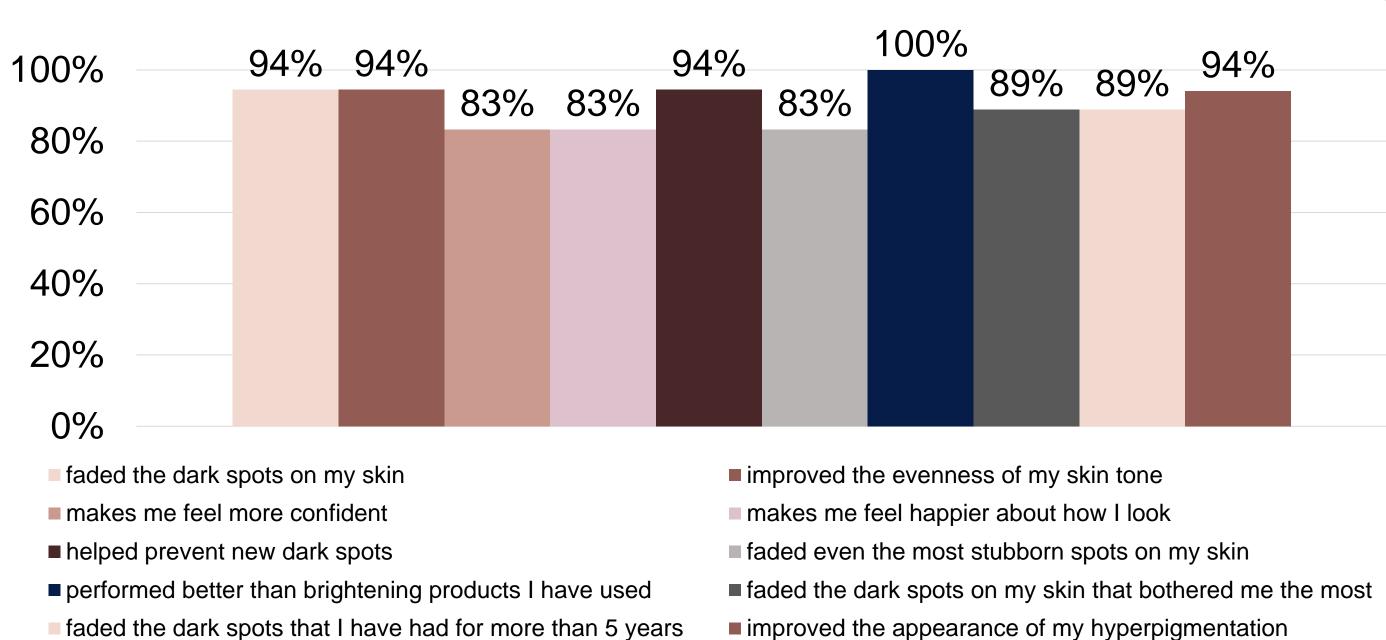
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Tolerability scores remained mild for all tolerability parameters throughout the study EC Regimen was highly-rated by subjects



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